



"I love our Norfolk County office—they are true professionals, very supportive. The Massachusetts 4-H Foundation also provides many resources. I respect 4-H best practices on safety and proper documentation; the program has a multitude of safeguards."

Melissa Gilbert,
Livestock Caretaker, Powisset Farm, Dover,
The Trustees of Reservations

Make an impact!

We believe every child should have the skills to thrive in life, community and career. Too many young people today are growing up unprepared for a changing world.

4-H provides experiences that *grow confident, capable, caring kids* with the skills to take on life today and thrive tomorrow. That's why we're expanding our high-quality educational programs, with **4-H Impact**.

4-H Impact puts together a community team to make a difference for our youth: the professional **4-H Educator**, with curriculum resources; the host **Organization**, with direct connections to youth; and the business or group **Sponsor**, with interest in fostering youth development.

4-H programs use research-based content from leading public universities. Curriculum guides are complete and well planned. Kids love the subjects and the activities are interactive and fun!



For more information on bringing 4-H Impact to your community, contact your nearest 4-H Educator:

Amherst: 413-545-2646

Barnstable: 508-375-6690

Pittsfield: 413-448-8285

Plymouth: 774-404-7020

Walpole: 508-668-9793

Waltham: 781-891-0650

Worcester: 508-831-1223

www.mass4h.org



UNIVERSITY OF MASSACHUSETTS AMHERST

UMass Extension is a unit of the Center for Agriculture, Food & the Environment in the College of Natural Sciences. UMass Extension is an equal opportunity provider & employer, United States Department of Agriculture cooperating. Contact your local UMass Extension office for information on disability accommodations or the UMass Director if you have concerns related to discrimination, 413-545-4800 or refer to www.extension.umass.edu/civilrights.



**Fostering Youth
Development
in Your
Community**



*Growing
confident,
capable,
caring kids*



Provide the spark!

You can bring **4-H Impact** to the young people of your community—country kids, city kids, kids of every race, economic and family situation. A professional 4-H Educator is ready to help.

Host organizations: Are you looking for high-quality educational programs for youth ages 7 and up? 4-H will train your staff or volunteers, and provide curriculum and resources. We partner with:

Libraries, recreation departments

After school programs, youth service agencies

Community agricultural programs

Sponsors: Fund a 4-H Impact program. Create life-changing experiences for children while raising your business' standing in the community. Our sponsors include:

Local businesses

Industry and hi-tech companies

Service clubs

Professional organizations

Agricultural and conservation groups

Community foundations



"In our region, we work as a team. Organizations and businesses are proud to be known as 4-H sponsors because 4-H makes an impact right here in our community. 4-H programs mix ages and gender to benefit the whole family."

Tom Waskiewicz,
4-H Educator,
Western Region

invest! in a generation

4-H Impact programs are units of six to 10 sessions, with a focus on a single topic. For example:



Babysitters' Training: A must-have program for babysitters, age 11-15. Learn important aspects of safety, child development, play, nutrition and the business of babysitting.

Critter Care: City, country, or in between, kids love animals! Learn about all different kinds of animals—from cows to hermit crabs—and how to be a responsible pet owner.

Science Secrets: Young people discover science concepts through plenty of fun, hands-on

experiments and activities. From engineering to chemistry, learn by doing, in a safe environment.

Something Else: Don't see what you want? With its extensive science curriculum and other resources, 4-H has more to offer, including:

Embryology

Rocketry

Robotics

Plant science

Photography

Drama



Speak with your regional 4-H Educator about your special interests.



go! with what works

Bring **4-H Impact** to the youth in your community to add a positive influence in their lives. Research shows it's a step forward. Tufts University conducted an in-depth, decade-long, nationwide study of 4-H youth development. The results show that the 4-H experience helps young people achieve future life and work success.

Compared to their peers, 4-H youth

make healthier, safer choices in their teen years,

excel in academics and plan for college,

choose more science/engineering/technology careers, and

make greater contributions to their communities.



"The majority of young people in our after-school programs are first generation. We provide "learning through doing" experiences, positive adult-youth partnerships and connection to higher education. Something special happens when kids begin to expand their horizons and gain confidence. It's a joy to see."

Lauren Dubois,
4-H Educator,
STEM Urban Education, Springfield

